

# CSA 5K Run/Walk

What better way to start your day than to get up and run along the waterfront on the Coronado Island? The committee has put together another fun run/walk behind the hotel along the Coronado waterfront. There will be prizes and lots of fun! Every participant receives a silk screen T-Shirt (advance registration will assure you of a shirt in the correct size).



WHEN: Wednesday, March 8th - 6:30 am

WHERE: Outside the Hotel  
(check at registration for location)

WHY: To Get In Shape and Have A Blast!

ENTRY FEE: \$40.00 per participant

\*\*\* Prizes will be awarded in many categories!

**ENTRY FORM:**  
**CSA 5K RUN/WALK!**

NAME \_\_\_\_\_

FIRM \_\_\_\_\_

ADDRESS \_\_\_\_\_

EMAIL \_\_\_\_\_

Shirt Size (circle)   S   M   L   XL   XXL

**WAIVER OF LIABILITY** (must be signed):

In consideration of the acceptance of this entry to the CSA Run/Walk, I waive claims for myself, my heirs, and assigns against the race sponsor or promoters for injury or illness which may result from my participation. I further state I am in proper physical condition to compete in this race, and am an amateur runner.

\_\_\_\_\_  
Signature

Date: \_\_\_\_\_

**ENTRY FEE PAYABLE WITH OTHER MEETING REGISTRATION**  
**(Signed Waiver Form Must Accompany Registration Form - Return to CSA)**